

WEEK 4		LUNCH		DINNER
MONDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
TUESDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
WEDNESDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
THURSDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
FRIDAY	A	SALAD	S	SALAD
	B	WHITE BEAN SOUP (12)	So	VEGETABLE SOUP
	C	GARLIC CHICKEN (12)	E	CHICKEN SKEWER
	D	TUNA CAKE (1-3-4-7-12)	F	HAKE SCALLOPS (1-3-4)
	V	NOODLES IN VEGETABLE SAUCE (1-6-7-12)	V	POTATO AND ZUCCHINI OMELETTE (3)
	OP	SQUID "LA ROMANA" STYLE	OP	SQUID "LA ROMANA" STYLE
SATURDAY	A	SALAD	S	SALAD
	B	TUMACA BREAD 1-12	So	"APPETIZING" TOAST 1-3-7
	C	CABBAGE AND CHICKEN FLAKED 1-3-7	E	"CAPRICHOSA" PIZZA 1-3-7-12
	D	BREADED AND FRIED FISH 1-3-4	F	"CHERNE" BEARNESA STYLE 3-4-7
	V	STUFFED ROASTED POTATO 1-3-4	V	CHINESE WHITE RICE 6-12
	OP	ROMAN STYLE SQUID 7-12	OP	ROMAN STYLE SQUID
SUNDAY	A	SALAD	S	SALAD
	B	SOUP WITH RED WINE 12	So	CHICKEN AND NOODLE SOUP 1
	C	BEEF SHOP SUEY 6-10-12	E	"CARBONARA" PASTA 1-3-7
	D	SCRAMBLED MUSHROOM 3-12	F	POTATO STUFFED WITH TUNA 1-3-4-12
	V	PUMPKIN AND CABBAGE CAKE 1-3-7	V	STUFFED PASTRY 1-3-7-12
	OP	ROMAN STYLE SQUID	OP	ROMAN STYLE SQUID

**FOOD ALLERGENS**

1. GLUTEN 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYA 7. MILK 8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME 12. SULPHITES 13. MOLLUSCS 14. LUPIN