

WEEK FROM NOVEMBRE 25TH TO DECEMBER 01ST

MENU 2		ALMUERZO		CENA
LUNES	a	SALAD	a	SALAD
	b	VEGETABLE SOUP	b	ONION SOUP
	c	MARINATED LOIN WOK	c	MIXED MEAT PAELLA
	d	STUFFED ROASTED POTATO	d	GALICIAN PIE
	v	PENNE IN TROPICAL SAUCE	v	VEGETARIAN QUICHE
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
				OP: SECOND OPTIONAL DISH
MARTES	a	SALAD	a	SALAD
	b	SEAFOOD CREAM	b	FISH SOUP WITH RICE
	c	HOT DOGS AND FRIES	c	SPAGUETTI WITH BACON AND SAUSAGES
	d	"CHERNE" (FISH) WITH LEMON	d	HAKE LOIN IN WHITE SAUCE
	v	RICE WITH VEGETABLES	v	PUMPKIN CAKE WITH ONIONS
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
MIERCOLES	a	SALAD	a	SALAD
	b	GARLIC SOUP "ARAGONESE" STYLE	b	LENTILS "CASTELLANA" STYLE
	c	"EGG, SAUSAGE, RICE AND CHIPS" COMBINED	c	"BONDIOLA" (MEAT) IN MUSHROOM SAUCE
	d	SQUID IN SAUCE	d	SEAFOOD OMELET
	v	VEGETABLE PASTA IN LEEK SAUCE	v	CURRY RICE
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
JUEVES	a	SALAD	a	SALAD
	b	SOUP WITH BEAN	b	VEGETABLE STEW
	c	BOLOGNESE PASTA	c	OVEN BAKED CHICKEN THIGH
	d	FISH AND POTATO STEW	d	SEAFOOD RICE
	v	VEGETABLE CAKE	v	GRATIN VEGETABLES
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
VIERNES	a	SALAD	a	SALAD
	b	STEW "CANARIAN" STYLE	b	VEGETABLE CREAM
	c	TURKEY AND VEGETABLE PIE	c	PORK STEW
	d	SAUTEED TICE WITH SQUID	d	BAKED "CHERNE" (FISH)
	v	SPINACH "ARAGONESA2 STYLE	v	SCRAMBLED ZUCCHINI
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
SABADO	a	SALAD	a	SALAD
	b	EGG, NOODLE AND MEAT SOUP	b	CHICKEN AND NOODLE SOUP
	c	HAMBURGER	c	BREADED HAM AND CHEESE "SAN JACOBO"
	d	FISH WITH CORIANDER	d	PASTA WITH TUNA
	v	VEGETABLE OMELET	v	GRATIN STUFFED PEPPER
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE
DOMINGO	a	SALAD	a	SALAD
	b	PEA CREAM	b	POULTRY AND VEGETABLE BROTH
	c	CHICKEN WITH GARLIC	c	CHICKEN AND CABBAGE PUFF PASTRY
	d	FISH IN VEGETABLE SOUP "CASUELA"	d	BREADED HAKE
	v	SPINACH CROQUETTES	v	CABBGE PIE
	OP	TUNA "LIONAISE" STYLE	OP	TUNA "LIONAISE" STYLE